**Valid Perfect Square**

Given a **positive** integer *num*, write a function which returns True if *num* is a perfect square else False.

**Follow up:** **Do not** use any built-in library function such as sqrt.

**Example 1:**

**Input:** num = 16

**Output:** true

**Example 2:**

**Input:** num = 14

**Output:** false

**Constraints:**

* 1 <= num <= 2^31 - 1